

Fall/Winter Parent Education Seminars



Come Learn with Us!

Join the St. Giles Preschool Community and Certified Parent Facilitator Beverley Anderson for the **Systematic Training for Effective Parenting (S.T.E.P.) program**. Designed for parents and caregivers of young children, these workshops will develop your ability to better understand and manage your responses to your child's emotions and behaviors.

Workshop Schedule

Date	S.T.E.P. Topic
October 3, 2017 7:00 – 8:30 pm	Parenting Styles, Rights of Parents and Children, and Long-range Parenting Goals
November 7, 2017 7:00 – 8:30 pm	Ages and Stages of Development, Temperament, Self-Regulation
January 9, 2018 7:00 – 8:30 pm	Encouragement, Self-Care, Couple Care, and the Courage to be Imperfect
February 6, 2018 7:00 – 8:30 pm	Communication (Listening and Talking), and Emotion Coaching
March 6, 2018 7:00 – 8:30 pm	Goals of Behaviour, Tools for Misbehaviour, Basic Parenting Tools and “Time In”
April 3, 2018 7:00 – 8:30 pm	Punishment, Anger and Repair, Natural and Logical Consequences
May 1, 2018 7:00 – 8:30 pm	Problem-Solving, Family Meetings, Sibling conflict and Review of course

Location	St. Giles Parent Participation Preschool 320 East 15th Avenue Entrance from the laneway parking area and down the stairs
Notes	Doors open at 6:45 pm Workshops are interactive and include ample opportunity for questions
Cost	Current families of the preschool: free Community: \$25 per session, or \$150 for all seven sessions Please enquire about rates for couples
RSVP	parenteducationstgiles@gmail.com or call/text 778-991-3876

Limited seating for the public; RSVP required

For more information about our school and events, please visit our Facebook page!

St. Giles Parent Participation Preschool is a registered non-profit organization. We offer creative, play-based programs for 3-and 4-year olds. Our preschool is an enriched, child-centered environment designed to stimulate cognitive, creative, and social development.